

**Minutes of meeting held 5<sup>th</sup> September 2016 at Crossroads Womens Centre, Kentish Town,  
London.**

**Apologies Received:** Suzanne Barber, Louise Beland, Andrea Simpson, Jane Threlfall, Sue Taylor, Denise Pemberton, Claire Carter, Fiona Munro-Muotune

**Present:** Sarah Oakley (Chair) Lynn Timms, Cathy Gale, Sue Freeman, Carmen Pagel, Anne Mckeever, Janice Blythman, Luci Lishman, Louis Cook, Jane Meadows, Alison Shaloe, Nina Grice, Jacqui Hayward. Elizabeth Carter

**Matters Arising:**

It would be good if **NIFN representatives** from each region could give some feedback for each meeting, emailing it if not present.

Carmen Pagel volunteered to do it for London.

Cathy Gale volunteered to do it for the South West.

Sarah Oakley has volunteered to go to a Northern Area Meeting of TT practitioners if **Sarah McKee** is able to organise it. Elizabeth Carter said she might be able to attend as well.

There is a working party looking at appropriate audit data for the association to ask members to collect and **Sarah** will chase up what's happening there.

Members were encouraged not to do "REPLY ALL" unless it affects everyone and especially not for attendance at meetings etc to reduce the number of emails.

Facebook is a closed group and good to use for discussion of issues.

**Treasurers Report:**

There are some outstanding payments from the conference that Luci has chased up. There will have been some profit.

The account is healthy with about £15,000 in the account.

**Membership Sec:**

Numbers have increased. March 119. September 144 (The conference helped)

Broken down as 2 honorary, 40 full private practitioners, 49 full NHS members, 7 members doing both, and 46 Affiliate members.

**ALL** Please check your details on the new website. And tell Lynn all the areas you wish to be listed in.

Lynn apologised for getting the user name wrong but now resolved.

It was discussed that something should be in the constitution about what it means to be an honorary member and it was decided to review this at the AGM.

Also to review at the AGM the statement that the treasurer will list all expenses at each meeting, maybe change it to "give a summary".

**Chair Report:**

Sarah has been supporting a number of people with complaints.

It is important for people to understand that ATTP is not a regulator and so complaints from clients need to go to the insurance company or NHS.

Southampton is going to start charging for training staff.

There is a constant problem with people being able to get honorary contracts in order to practise TT division in other areas.

### **Private Practitioners revalidation:**

The NMC require validation from a colleague. These were perceived to need to review:

- Policies
- Total care
- Consent forms
- Online notes/ records

Discussion about who could do this and whether we should create Mentors. This runs into legal problems of liability. It was therefore decided to create "TT peer reviewers". It was felt it would be helpful to have a study day to look at the issues around doing peer reviews to include:

- How to identify unsafe in opposed to different practice.
- How to challenge practice
- How to make it supportive and encouraging
- What to do if dangerous practice observed.
- Communication skills

It was considered to interfere with the review if it was directly paid for so was agreed that perhaps a small increase for all members would cover the costs of ATTP paying someone's expenses to do a review.

The importance of dating updates to documentation and keeping back dated copies was stressed.

**Sarah** will contact Suzanne Barber about whether she could do the Communication skills bit.

**Lynn** will contact Jane Threfell about taking the lead for this study day, perhaps in the autumn.

The next meeting will discuss the costings.

The Peer Review provision can be launched at the next AGM with reviewers already available.

### **Website:**

The new website is live.

Please add in details of BF and TT study days you know about.

There was a request for photos of tongue ties on the website that could be used for training etc.

Please use the Photo Consent form on the website for photos you wish to upload or use for teaching in connection with ATTP.

Once teething problems are sorted it will be made phone friendly.

**ALL** We urgently need two volunteers to oversee the website for us, technical knowledge is not required as the changes would be made by someone else.

Under the Training section it was suggested to divide into three, TT training, study days and Conferences. **Sarah** will liaise with David about this.

### **BFI Conference:**

This is 3<sup>rd</sup>/4<sup>th</sup> Nov in Birmingham.

Sarah Oakley, Suzanne Barber, Nina Grice and Louise Cook will go to man the ATTP stand and they will each receive £100 towards their costs for doing this.

### **Conference:**

A conference committee was set up consisting of Elizabeth Carter, Nina Grice, Jean Meadows, Louise Cook and Janice Blythman.

Vicky asked to circulate feedback from last conference at Dec meeting. Sarah will contact her.

Ideas:

Linda Hayes – psychological health.

Osteopathy – Christian Barnard, Louise or Felicity

Val Finnigan

Jane Threlfall

Joyce Miller / Alison Taylor – Elizabeth contact

Nigel Hall.

GP who has done study on Drs attitudes to Tongue ties. – Sarah contact

Practitioners talk about case studies.

Title “Mother Baby Relationships – and how TT affect them.”

Venues:

Crown Plaza – Birmingham – Sarah talk to ABM about this.

Basingstoke – Lynn explore this.

One day conference. Look at end of June/early July.

### **Dates of next meetings:**

- AGM 7<sup>th</sup> March (Tues)
- 7<sup>th</sup> June (weds)
- 7<sup>th</sup> Sept (Thurs)
- 8<sup>th</sup> Dec (Fri)

Please let Sarah know if you are willing to organise the venue for a meeting, see email sent out.

### **Any other Business:**

Luci will find out the cost of having a further 500 or 1000 pads printed and send the details to Lynn. Sarah is meeting the Gelita Cell rep to explore its use for bleeding with tongue ties where the bleeding won't stop, instead of Calstat. It would be £60 a box of ten so a box might be shared by several people.

The ATTP leaflet will be reviewed next year.

LCGB conference next year 7/8<sup>th</sup> April.

Alison Hazelbacker has switched back to using scissors over laser as the latter can go too far.

Cathy will circulate 2 case studies of the cost of not releasing a tongue tie.

Jack Newman thinks 3-5 month babies where mum has low milk supply are the most likely to go on feeding strike after TT release.