

## **Advanced Clinical Skills in Tongue Tie (Ankyoglossia) Management**

### **COURSE OVERVIEW**

#### **This course consists of**

- A university based study day
  - A mentorship document and clinical placement
  - A academic 1500 written piece
    - Report
    - Reflection
    - Case study
- Set of overall learning outcomes that must be met

#### **Entry Requirements**

- You must be a qualified midwife, nurse of health visitor on the NMC register or a medical practitioner on the GMC register with an interest in breastfeeding support, lactation services and frenulotomy.
- You must have had a least 5 years post-qualifying experience.
- If seeking financial support from an employer you must have agreed this in advance of the application.
- You will need to complete a clinical placement at Dudley Group NHS Foundation Trust or you can arrange a placement locally if mentoring is available from a tongue tie practitioner and this has been agreed by the university.
- For more information on this course fees and finance follow link

#### **[Advanced Clinical Skills in tongue tie \(ankyloglossia\) management](#)**

### **UNIVERSITY TEACHING DAY**

#### **A one-off study day which includes**

- Anatomy and physiology
- Legal and professional issues of frenulotomy management
- Diagnosis and division
  - Predisposing factors
  - Clinical history gathering
  - Breast feeding signs and symptoms
  - Bottle feeding signs and symptoms
  - Physical assessment and oral examination of tongue tie
  - Contraindications to performing a division

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- Referral pathways
- Joint care planning
- Individualised care
- Working in partnership with families
  
- How to set up a NHS service
  - Audit and monitoring effectiveness
  - Expansion
  - Working in partnership as a multidisciplinary team

### **Additional Information:**

All teaching presentations are based on both evidence and experience with the overall aim to link theory to practice.

There are a range of speakers from university lecturers with specialist interests in infant feeding, managers of a tongue tie service, a lactation consultant and Tongue tie Practitioner/Midwife.

CERPS are acquired for course completion 10 at a level 7 accreditation.

There is an option of just attending this day or completing the whole module to include a clinical placement.

### **CLINICAL PLACEMENT**

Dudley Group NHS Foundation Trust offers a clinical placement to students. You will be required to attend 4-6 clinics. This hospital has five tongue tie based clinics each week and has a team of six experienced tongue tie practitioners. There has been a tongue tie service for over ten years with a huge expansion to their existing service in 2013. For more information on this service visit [Dudley Group Tongue Tie Service](#)

The clinical placement area follows a structured document with outcomes covering

- Professionalism
- Code of practice
- History taking including feeding, medical and birth components
- Diagnosis
- Physical Assessment
- Treating/divisional technique
- Risk reviewing/Contraindications
- Post procedure risks and treatments
- Not treating
- Referring to wider parts of the multidisciplinary team

The mentorship document aims to provide consistency amongst practitioners. The approach to diagnosis and treatment of tongue tie is systematic, methodical and

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individualised. This encourages clinical decisions to be made based not only on history but also on clinical examination and provided in partnership with families.

The amount of time taken to complete their clinical placement varies and is tailored to each individual learner. The mentor and mentee perform an initial interview to assess learning needs and current knowledge base. This is followed by a midway interview to assess learning journey so far and to identify any problems or concerns. Finally an end interview is performed to reflect on the learning encounter. All interviews are documented in the mentorship document.

**ACADEMIC WRITTEN PIECE (word count 1500)** This can be a

- o Report
- o Reflection
- o Case study

Set of overall learning outcomes that must be met

1. Demonstrate a systematic understanding of the anatomy and physiology of the normal oral cavity and tongue.
2. Demonstrate a critical awareness of ankyloglossia, its diagnosis, treatment and complications.
3. Demonstrate comprehensive understanding and clinical competence of research based techniques applicable to frenulotomy

Intakes are every February.

For further information contact

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